

Action Potential

One on One Physical Therapy

Client Name/DOB

Preferred Pronoun (he, she, they)

Doctor

Date of Last Pelvic Exam, if applicable

Current Pelvic Issue:

- Incontinence
 Pelvic Pain
 Prolapse
 Other

Rate your current issue: No Problem 0 1 2 3 4 5 6 7 8 9 10 Severe Issue

Pelvic History:

- | | |
|---|---|
| <input type="checkbox"/> Vaginal Deliveries(#): _____ | <input type="checkbox"/> Cesarean Deliveries(#): _____ |
| <input type="checkbox"/> Episiotomies (#): _____ | <input type="checkbox"/> Difficult Labor: _____ |
| <input type="checkbox"/> Prolapse: Type: _____ | <input type="checkbox"/> Vaginal Dryness: _____ |
| <input type="checkbox"/> Painful Periods | <input type="checkbox"/> Menopause Onset: _____ |
| <input type="checkbox"/> Painful Sex/Penetration | <input type="checkbox"/> Pelvic/ Low Back/Scrotal/Penile Pain |
| <input type="checkbox"/> Prostate Cancer/Surgery/Enlarged | <input type="checkbox"/> Abdominal/Pelvic Surgery |
| <input type="checkbox"/> Pelvic Injuries/Trauma | <input type="checkbox"/> Erectile Dysfunction |
| <input type="checkbox"/> Food Sensitivities | <input type="checkbox"/> GI disorders |

Bladder/Bowel Habits:

- | | |
|--|---|
| <input type="checkbox"/> Trouble initiating urine stream | <input type="checkbox"/> Urgency of bowel or bladder |
| <input type="checkbox"/> Trouble emptying bladder | <input type="checkbox"/> Hemorrhoids/Anal Fissures |
| <input type="checkbox"/> Straining/Pushing to empty bladder | <input type="checkbox"/> Urine leakage |
| <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Painful urination |
| <input type="checkbox"/> Trouble feeling bladder urge/fullness | <input type="checkbox"/> Constipation/Bowel straining |
| <input type="checkbox"/> Trouble feeling bowel urge/fullness | <input type="checkbox"/> Trouble holding gas/feces |
| <input type="checkbox"/> Nighttime urination(#): _____ | <input type="checkbox"/> Other: _____ |

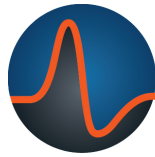
Consent to Treatment

_____(initial) I consent to internal pelvic evaluation/treatment by the therapists at Action Potential

_____(initial) I require a second person be present during all internal pelvic treatments

Client Signature: _____

Date: _____



Action Potential

One on One Physical Therapy

Client Name _____

Date of Birth _____

Referring Physician _____

Primary Care Physician _____

Email _____

Identified Gender: Male / Female / Other

Past Medical History:

- | | | |
|--|---|---|
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Cardiovascular Disease | <input type="checkbox"/> Fracture | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Coronary Artery Bypass | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Brain Injury |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> History of Cancer | <input type="checkbox"/> COPD/Emphysema |
| <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Huntington's | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Cauda Equina Syndrome | <input type="checkbox"/> Immunosuppression | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Stroke/TIA | <input type="checkbox"/> Lupus | <input type="checkbox"/> Cataracts |
| <input type="checkbox"/> Current Infection | <input type="checkbox"/> Muscular Dystrophy | <input type="checkbox"/> Amputation |
| <input type="checkbox"/> Diabetes Mellitus Type I | <input type="checkbox"/> Obesity | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Diabetes Mellitus Type II | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Diabetic Neuropathy | <input type="checkbox"/> Pelvic Pain/Incontinence | |

Other: _____

Surgeries: _____

Recent Falls: YES NO Explain: _____

At the present time would you say that your health is:

- excellent very good fair poor

Please rate your current pain:

0 1 2 3 4 5 6 7 8 9 10

No pain

Severe pain

therapist initial: _____ date: _____



Medication List: Please list all prescription and over the counter medications, vitamins, supplements. Include dose, frequency, and route
If you already have a current list, we are happy to make a photocopy

| Name | Dose | Frequency | Route (oral, injection, etc.) |
|------|------|-----------|-------------------------------|
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therapist initial: _____ date: _____



Client Name: _____ DOB: _____

Statement of Patient Financial Responsibility

Action Potential, LLC, is pleased to be your physical therapy provider. The services you have elected to receive imply a financial responsibility on your part. This responsibility obligates you to ensure payment in full of our fees prior to or on the date services are performed.

By signing below, I acknowledge that, under no influence by the staff of Action Potential, I have decided to pursue physical therapy without using medical health insurance benefits. I understand that this means no insurance company will be billed for any services I receive, and that I am fully responsible for full payment. If you would like to submit your charges to your insurance company, we will be happy to provide you with necessary paperwork indicating services provided under our care. I will assume responsibility for any outstanding balance and permit this amount to be charged to my card on file.

_____(initial) Your payment amount and details: _____

Office Policies

_____(initial) There will be a **\$25.00** penalty assessed for any returned check.

_____(initial) We request 24 business hours notice for all cancellations due to our one to one policy. Cancellations made in less than requested time allotment will result in a **\$50.00** charge to my card on file.

Consent to Treatment

_____(initial) I hereby consent to evaluation and treatment (onsite and virtual) by the therapists at Action Potential, LLC.

_____(initial) I consent that information regarding my care may be communicated via voicemail/text and/or email.

_____(initial) I acknowledge that if I elect to pursue a virtual visit that it will not be provided through a HIPAA secure portal.

_____(initial) I consent to being photographed or video taped for the purpose of patient education, instruction, and development of a home exercise program. I am aware that media specific to my plan of care will be placed in my medical record as protected health information and only disclosed to me. Media will not be disclosed further without my consent.

Client Signature: _____

Date: _____

Client Representative: _____

Date: _____

(If patient is a minor, or if authorized by patient)

Acknowledgement of Receipt of Privacy Notice

Purpose of this Acknowledgement

This Acknowledgement, which allows the Practice to use and/or disclosure personally identifiable health information for treatment, payment or healthcare operations, is made pursuant to the requirements of 45 CFR §164.520(c)(2)(ii), part of the federal privacy regulations for the Health Insurance Privacy and Accountability Act of 1996 (the "Privacy Regulations").

Please read the following information carefully:

1. I understand and acknowledge that I am consenting to the use and/or disclosure of personally identifiable health information about me by Action Potential, LLC (the "Practice") for the purposes of treating me, obtaining payment for treatment of me, and as necessary in order to carry out any healthcare operations that are permitted in the Privacy Regulations.
2. I am aware that the Practice maintains a Privacy Notice which sets forth the types of uses and disclosures that the Practice is permitted to make under the Privacy Regulations and sets forth in detail the way in which the Practice will make such use or disclosure. By signing this Acknowledgement, I understand and acknowledge that I have received a copy of the Privacy Notice.
3. I understand and acknowledge that in its Privacy Notice, the Practice has reserved the right to change its Privacy Notice as it sees fit from time to time. If I wish to obtain a revised Privacy Notice, I need to send a written request for a revised Privacy Notice to the office of the Practice at the following address: Attn: Compliance Officer, Action Potential, 1786 Wilmington Pike, Suite 200A, Glen Mills, PA, 19342.
4. I understand and acknowledge that I have the right to request that the Practice restrict how my information is used or disclosed to carry out treatment, payment or healthcare operations. I understand and acknowledge that the Practice is not required to agree to restrictions requested by me except in very limited circumstances as described in the Privacy Notice, but if the Practice agrees to such a requested restriction it will be bound by that restriction until I notify it otherwise in writing.

I request the following restrictions be placed on the Practice's use and/or disclosure of my health information (leave blank if no restrictions):

5. I authorize the Practice, to disclose my health information that is directly related to my current treatment to the individual(s) listed below:

Name of Individual(s)

Relationship to Client

I understand the foregoing provisions, and I wish to sign this Acknowledgement authorizing the use of my personally identifiable health information for the purposes of treatment, payment for treatment and healthcare operations.

BY SIGNING THIS FORM, I ACKNOWLEDGE THAT I HAVE REVIEWED AN EXECUTED COPY OF THIS ACKNOWLEDGEMENT AND A COPY OF THE PRACTICE'S POLICY NOTICE AND AGREE TO THE PRACTICE'S USE AND DISCLOSURE OF MY PROTECTED HEALTH INFORMATION FOR TREATMENT, PAYMENT AND HEALTH CARE OPERATIONS.

Signature of Client or Representative

Date

Client's Printed Name

Client's Date of Birth

Printed Name of Representative (if applicable)

Relationship to Client

Scheduling Availability: Please cross out any times that you are unavailable for appointments

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|-----------|-----------|-----------|-----------|
| Morning | Morning | Morning | Morning | Morning |
| Afternoon | Afternoon | Afternoon | Afternoon | Afternoon |
| Evening | Evening | Evening | Evening | Evening |